



Parent update

12th September 2025

Contents

DIARY DATES	2
HEAD TEACHER MESSAGE	2
5 STAR KITCHEN	3
MEET THE TEACHER MEETINGS	3
POEM BY LEENA	4
PE KIT AND SWIMMING DAYS	5
PARENT UPDATE MEETING WITH MR. GUEST AND THE SENIOR LEADERSHIP TEAM	6
SWIMMING AT COLEBOURNE Y2 - 6	7
FREE MENTAL HEALTH WEBINARS FOR PARENTS	7
TALKING WITH YOUNG PEOPLE ABOUT SUICIDE:	7
NEURODIVERSITY AND MENTAL HEALTH:	7
SUMMER READING CHALLENGE	8
AFTER SCHOOL CLUBS – AUTUMN 1 ST HALF TERM	9
MACMILLAN COFFEE EVENT	10
ITEMS FROM PREVIOUS UPDATES:	11
PUPIL ABSENCE REPORTING	11
HOLIDAYS IN TERM TIME	11
SCHOOL DINNER MENUS	11
PHARMACY FIRST – AN NHS SERVICE BEING OFFERED FROM PHARMACIES ACROSS ENGLAND FOR CHILDREN AND ADULTS	13
ANNUAL CALENDAR FOR NEXT SCHOOL YEAR	14
TERM DATES AND STAFF TRAINING DAYS FOR THE YEAR	15
EASY FUNDRAISING: RAISE MONEY FOR COLEBOURNE WHILE YOU SHOP:	15
EXTREME WEATHER RESPONSE	15
USEFUL LINKS FOR PARENTS	15
HOME LEARNING LINKS	15
SCHOOL INFORMATION LINKS FOR PARENTS	16
PARENTING AND HEALTH SUPPORT	16
FINANCIAL SUPPORT	17
SCHOOL POLICY REMINDERS	18
Label clothing and equipment	18
Start times and Pick up times	18
Nuts:	18
Water Bottles:	18
Healthy snack:	18
Birthday Treats:	19
Jewellery:	19
School uniform and PE Kit:	19

At Colebourne we C.A.R.E

DIARY DATES

Tuesday 23rd September, 9am – 10am	<u>Parent Update Meeting</u> All parents welcome for drinks and biscuits and to hear from Mr. Guest and members of the senior team about school matters. This meeting is in person with an option to attend via TEAMS
Tuesday 23rd September	3B Trip to Kinver Edge Rock Houses
Wednesday 24th September	3C Trip to Kinver Edge Rock Houses
Thursday 25th September	Year 4 trip to
Friday 26th September	MacMillan Coffee Morning – all parents welcome <i>(plus bring a friend)</i>
Monday 20th October 8.50am	Celebration Assembly (Years 4 – 6)
Wednesday 22nd October	Parent's evening
Thursday 23rd October	Parent's evening
Thursday 23rd October 8.50am	Celebration Assembly (Years 1 – 3)
Friday 24th October	Last Day of the Half Term
Monday 3rd November	Start of the 2nd Half of Autumn Term

Head Teacher Message

I just wanted to drop a quick note to say how impressed I have been with the children this week. I have visited every classroom this week to see how the children are getting on and have seen that they have settled extremely well and are already demonstrating a commitment to their learning – all whilst having a smile on their face and building memories.

It has also been lovely to catch back up with so many parents.

We have also made a strong start with pupil attendance – so thank you for all of your support. One day this week we had 99.9% of statutory aged children in school!

Please remember to ring the school office and follow the options to leave a voice message if your child is absent.

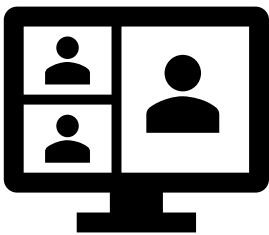
5 STAR KITCHEN

We are pleased to say that our school kitchen has been awarded the top rating for health and hygiene following a spot inspection this week.

Well done to Jo (*Catering Supervisor and Head Cook*) and all the kitchen team who work hard every day to ensure very high standards.



Meet the Teacher meetings



Thank you for all those who were able to attend the meet the teacher meetings. Apologies that in a couple of them we had a few technical difficulties for some parents.

The teachers will be posting a copy of the slides on Class Dojo. Please just get in touch if you have any questions.

THE CREATURE

It moves like wind curling beyond a river

Its eyes are crackling fire

With its exhilarating wings soaring
through the night

A shadow as dark as nights

It's voice is like a robot demon
trapped in a cave

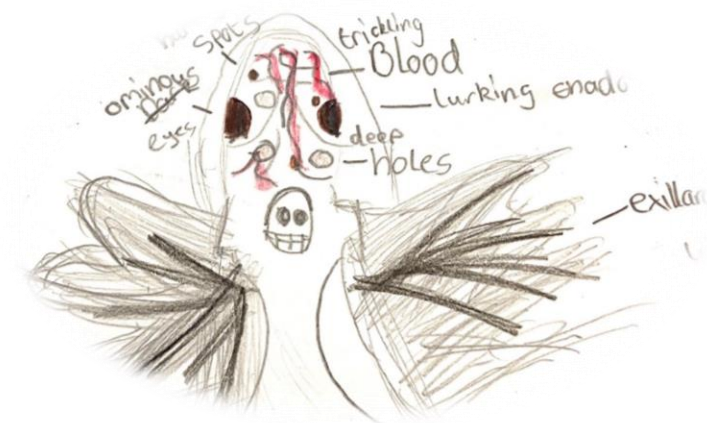
The creature is monstrous,
mysterious and misbehaved

It waits where the moonlight shatters.



Beware!































For this creature is a foul player!



Written by Leena 5G



PE KIT AND SWIMMING DAYS

PE KIT DAYS	SWIMMING KIT
	<div style="text-align: center;">  <p><i>Children can come to school in either PE kit OR school uniform on these days. If the PE kit symbol is also on that day PE kit must be worn as there is a PE session on that day too</i></p> </div>

	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery					
RN					
RT					
1H					
1M					
2G					
2M					
3B					
3C					
4J					
4M					
5G			 		
5P			 		
6A					
6H					

	<u>Year 2 swimming</u> 2G (12th Sept; 26th Sept; 10th Oct) 2M 19th Sept; 3rd Oct; 17th Oct)
	PLEASE NOTE – THESE ARE UPDATED DAYS

Parent Update Meeting with Mr. Guest and the Senior Leadership Team

Parents / Guardians are invited to come and have a drink and biscuit with Mr. Guest and the Senior Leadership Team (SLT).

For new parents, these meetings take place at least every term and usually involve Mr. Guest (Head teacher) and other staff sharing information with you about school and seeking your views on a range of matters.

It is very informal and friendly – so please come along if you can. It is a great way to meet other parents and get to know more about Colebourne.

The first meeting of the school year is on **Tuesday 23rd September, 9am – 10am** in the main school hall. **You can come straight in after drop off from 8.30am and start having a drink and a natter before the meeting starts at 9am.**

There is also the option to attend via TEAMS and a link is posted on Class Dojo on the morning.

PARENT UPDATE MEETING

**Tuesday 23rd September 2025,
From 8.30am for tea and biscuits**

9.00am start

In the main school hall

*Parents are invited to attend our next Parent update meeting
(Remote attendance link will be available via Class Dojo on the morning)*

Tea / Coffee and biscuits provided

School Updates will include:

**Curriculum changes | School Priorities | Attendance
School 3 Year Vision | Autumn Events | Parent Voice Feedback
After school clubs | Trips and Residential
and more**

Plus time for parent questions and feedback



Swimming at Colebourne Y2 - 6

The children have really enjoyed their first week swimming. I have had the pleasure of being involved in some of these lessons and you can already see the children's confidence growing.

Just a reminder – please ensure earrings are not worn on swimming (or PE) days.



FREE Mental Health Webinars for Parents

The [Charlie Waller Foundation](#) is offering a series of free webinars on young people's mental health, open to anyone who supports children and young people. Led by experienced mental health trainers and guest speakers, each session provides practical, evidence-based strategies to promote positive mental health.

Talking with young people about suicide: 15 September 2025 12:30-14:00

For anyone wanting to feel more confident discussing suicide and suicidal thoughts.

You'll gain:

- Understanding of risk factors and suicide theories
- Tools for opening sensitive conversations
- Guidance on when to worry and what to do
- Ways to build protective factors

Neurodiversity and mental health: 24 September 2025 12:30-14:00

For parents, carers, teachers, youth workers, tutors, and lecturers.

You'll explore:

- What neurodiversity means
- Environmental adaptations that support neurodivergent individuals
- How to foster inclusive cultures that support mental health

CLICK THE TITLES FOR MORE INFORMATION

Summer reading challenge

Did your child complete the Summer Reading Bingo challenge?

If they did, please let us know so that we can get them a certificate.

Complete the child's details here:

->[READING CHALLENGE COMPLETION FORM](#)<-



Tell a friend a story	Watch a film with subtitles on	Design a new cover for your favourite book	Reread a good book	
	Read a book with green on the cover	Write a book review	Read a book in a day	Draw a picture or write about your favourite character
Read a book that starts with 'A'	Read a book about nature		Get cosy and read under the covers	Read a book in a day
Ask a family member to tell you a story	Recommend a book to a friend	Read a book at night		Make up your own story
Read outside		Read a book about a holiday	Read a comic	

After School Clubs – Autumn 1st Half Term

The after-school clubs will **start next week**.

Tuesday	Year 6	Swimming	Maverick Sports	£12.00 for 6 sessions	LIMITED SPACES
Tuesday	Year 2,3,4,5 & 6	Singing Club	Miss Nelson	FREE for 6 sessions	SPACES AVAILABLE
Wednesday	Year 1, 2 & 3	Football	Spark Active	£6.00 for 6 sessions	SOLD OUT
Wednesday	Year 3	Swimming	Maverick Sports	£12.00 for 6 sessions	LIMITED SPACES
Thursday	Year 4	Swimming	Maverick Sports	£12.00 for 6 sessions	LIMITED SPACES
Thursday	Year 4,5 & 6	Football	Spark Active	£6.00 for 6 sessions	SOLD OUT
Friday	Year 5	Swimming	Maverick Sports	£12.00 for 6 sessions	SOLD OUT

**ARBOR BOOKINGS REMAIN OPEN UNTIL MONDAY AT 3PM. AFTER THIS
PLEASE CALL THE OFFICE FOR ALL CLUB ENQUIRIES**

PLEASE NOTE – AVAILABILITY AS OF TIME OF PUBLICATION

Children need to be collected promptly at 4.15pm from outside Year 2.
Please use the pedestrian entrance only - not the car park.

Year 5 & 6 who normally walk home alone will be dismissed at 4.15pm unless you tell us otherwise.

Swimming Club on a Friday will run from 1.30pm until 2.15pm. Children will need to be collected from outside Year 2. Children staying for Swimming Club can stay in school for their lunch on this day.

Your child will need to arrive in school in their PE kit the day they are in a sports-based club.

Macmillan Coffee Event

Friday 26th September at 8.40am-10.15am in the main hall

We are holding a fundraiser here at school. Everyone is welcome to come and join in- there will be cakes and drinks to enjoy. Please feel free to bring along family members and friends from the local community.

Donations of cakes will be warmly welcomed; these can be sent to classrooms the day before or in the morning or brought in with you on the morning. There will also be some competitions (e.g. guess the weight of the cake) to win some goodies.

Thanks in advance for your support.



Items from previous updates:

Pupil absence reporting

A reminder of how to **report a pupil absence**.

Please phone the school office number – 0121 675 8500 (The **online form** will **no longer be available**).

Follow the options to report an absence.

You will be prompted to **leave a voice mail** message giving details of:

- Your **child's name**
- Your **child's class**
- A **brief explanation** of the **reason for absence**.

Please note – this message can be left in **home language** if needed as our system can automatically translate.

Please aim to leave your absence message by 8.40am on the first day of absence.

Please note – voice messages are recorded and stored for reasons of absence.

Holidays in Term Time

Please remember that Department for Education guidance means that we are not able to authorise holidays in term time. Please avoid booking these.

School Dinner Menus

Please see the next page for the dinner menus for this term. Please note that occasionally menu items do change where we have supplier issues.

01/09/2025	WEEK 1 MENU	29/09/2025
08/09/2025	WEEK 2 MENU	06/10/2025
15/09/2025	WEEK 1 MENU	13/10/2025
22/09/2025	WEEK 2 MENU	20/10/2025



YOUR MENU

Week ONE

Autumn Term



Monday	Tuesday	Wednesday	Thursday	Friday
All day breakfast	Chicken Burger	Lamb Shish Kebab	Margherita Pizza	Breaded fish
Fish Fingers	Mac and Cheese	Vegetable Samosa	Build your own Wraps	Cheese lattice
Baked Potato with the daily topping	Baked Potato with the daily topping	Baked Potato with the daily topping	Baked Potato with the daily topping	Baked Potato with the daily topping
A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes
Potato Waffles Garden Peas Fresh Carrot Batons Baked Beans Seasonal Salad Bar	French fries Broccoli Sweetcorn Baked Beans Seasonal Salad Bar	White or Brown rice minted yoghurt dip Mixed veg Kachumber salad Seasonal Salad Bar	Potato Wedges Spaghetti hoops Sweetcorn Baked Beans Seasonal Salad Bar	Diced potato Fresh Carrot Batons Peas Baked Beans Seasonal Salad Bar
Chocolate Concrete	Cookies	Mini Fruit Trifle / Special	Ice Cream	Mousse
Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly

v.01/09/25

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

For any allergen/dietary requirements please speak to the Catering Supervisor

MADE FRESH



YOUR MENU

Week TWO

Autumn Term



Monday	Tuesday	Wednesday	Thursday	Friday
Baked Fish Fingers	Hot dogs	Cajun Spiced Chicken	Margherita Pizza	Chicken Nuggets
Vegetable Lasagne	Mac and Cheese	Vegetable Samosa	Tuna Pasta Bake	Hot Vegetarian Pastry
Baked Potato with the daily topping	Baked Potato with the daily topping	Baked Potato with the daily topping	Baked Potato with the daily topping	Baked Potato with the daily topping
A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes	A selection of freshly made sandwiches and baguettes
Mashed Potato Garlic bread Garden Peas Baked Beans Seasonal Salad Bar	French Fries Carrot Sweetcorn Baked Beans Seasonal Salad Bar	White or Brown rice Garden Peas Mixed Veg Kachumber salad Seasonal Salad Bar	Garlic Bread Chunky Chips Spaghetti hoops Broccoli Seasonal Salad Bar	Diced potato Sweetcorn Garden Peas Baked Beans Seasonal Salad Bar
Chocolate Hedgehog	Flapjack	Chocolate Crispie Cake	Ice Cream Tubs	Shortbread and Custard
Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly	Fresh fruit Yoghurts Jelly

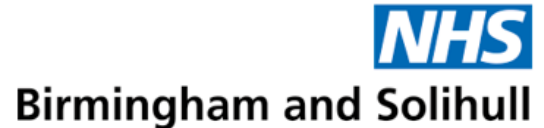
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ADDITIONAL MENU OPTIONS AVAILABLE DAILY

For any allergen/dietary requirements please speak to the Catering Supervisor

MADE FRESH

Pharmacy First – an NHS service being offered from pharmacies across England for children and adults



Did you know about an NHS service which pharmacies across England are offering for children (as well as adults) called **Pharmacy First**?



What is Pharmacy First?

Community Pharmacists offer free and confidential advice for minor illnesses such as coughs, colds, and eye infection. If appropriate, they can also provide treatment* without a prescription for seven common conditions:

- Urinary tract infection (women aged 16-64)
- Sinusitis (adults and children aged 12+)
- Sore throat (adults and children aged 5+)
- Earache (children and young adults aged 1-17)
- Infected insect bite (adults and children aged 1+)
- Impetigo (adults and children aged 1+)
- Shingles (adults aged 18+)

The pharmacy will send an electronic message to the person's GP surgery so their health record can be updated. Should the pharmacist be unable to help, they will direct the person to their GP surgery or other health professional as appropriate.

This service takes away the potential delay of having to wait for a GP appointment and may help ensure children get well and back to school as quickly as possible, as well as supporting parents/carers to also get better sooner if they are unwell.

Patients that are already exempt from prescription charges, such as children, will still be exempt from charges if treatment is provided for the listed conditions, otherwise usual [NHS prescription charge rules](#) apply.

For more information on how your pharmacist can help, visit, [Think pharmacy first :: NHS Birmingham and Solihull](#) or watch the Pharmacy First video by clicking [here](#).

Annual Calendar for next school year

To help parents with arrangements, here is an overview of the main school dates for next school year.

Please remember we are unable to authorise holidays in term time; please book any of these in the school holidays.



Annual Calendar 2025- 2026

September						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Key						
School closed- Holidays						
School closed- Bank holiday						
Staff training days (school closed for children)						
Voting day (School closed for children)						

Term dates and staff training days for the year

The updated term dates and the staff training days are on the school website: <https://www.colebourne.bham.sch.uk/diary-and-term-dates/>

Remaining Staff Training Days:

Easy fundraising: Raise money for Colebourne while you shop:

<https://www.easyfundraising.org.uk/causes/colebourneprimary>




Extreme Weather Response

At Colebourne we have an extreme weather policy which supports us in ensuring the safety of pupils, staff, and families.


You can see the full policy via the **policies link** on the new school website parents' section: <https://www.colebourne.bham.sch.uk/parents/>

Useful Links for Parents

Home Learning Links

	<p><u>Home learning grids</u></p> <p>Additional learning opportunities each half term</p> <p>Home learning grids</p> <p><i>Please note these are being amended for this term so please check back for the most up to date ones.</i></p>
	<p><u>BBC Bitesize</u></p> <p>Lots of links to learning and skills</p> <p>http://www.bbc.co.uk/bitesize/primary/</p>
	<p><u>Oak National Academy</u></p> <p>A huge range of lessons, resources and subjects</p> <p>Oak National Academy</p>

We also have some of our subscription services such as

	<p><u>Doodle</u></p> <p>A great platform to learn and practise key skills for maths and English</p> <p>https://www.doodlemaths.com/</p>
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Times Tables Rockstars

Practice your times tables and quick maths recall skills

<https://play.ttrockstars.com/auth/school/student>

School information links for parents

Year group expectation sheets:

[Key expectation sheets](#)

Email address for parents:

parents@colebourne.bham.sch.uk

School information for parents:

<https://www.colebourne.bham.sch.uk/parents/>

Term Dates:

<https://www.colebourne.bham.sch.uk/diary-and-term-dates/>

Easy fundraising: Raise money for Colebourne while you shop:

<https://www.easyfundraising.org.uk/causes/colebourneprimary>

Free school meals checker:

<https://www.cloudforedu.org.uk/oefe/birmingham/provider>

School policies: [School policies](#)

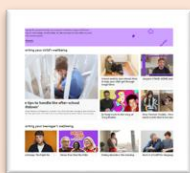
PARENTING AND HEALTH SUPPORT



NHS Advice and guidance

The place for trusted NHS advice and guidance to help you have a healthy and happy baby during pregnancy, birth and parenthood.

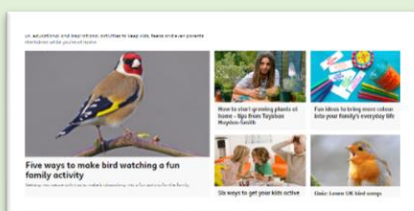
<https://www.nhs.uk/start-for-life/early-learning-development/>



BBC Wellbeing site

– video and help for parents own mental health and that of their children

<https://www.bbc.co.uk/bitesize/groups/cw9v6l8d0q6t>



BBC bitesize parents

Tips, advice and activity ideas for being a parent

<https://www.bbc.co.uk/bitesize/parents>



Birmingham School Health Support Service

Lots of health related links and support for children and families including: the school nurse; Community paediatric and child development centres; Forward thinking Birmingham...And much more

Birmingham School Health Support Service

FINANCIAL SUPPORT



Water Bill Support

The Big Difference Scheme can offer a reduction of water bills to any Severn Trent customer with a household income below £23,492.

Households with child dependants may be eligible for an additional income allowance more than this amount.

<https://www.stwater.co.uk/my-account/help-when-you-need-it/help-with-paying-your-bill/big-difference-scheme/>



Broadband - Social tariffs

Most broadband providers have **social tariffs** broadband is an option for people in lower-income households. If you're receiving Universal Credit, Pension Credit or certain other government benefits, you could be eligible.

<https://www.virginmedia.com/broadband/low-income-families>

<https://www.bt.com/broadband/home-essentials>

School Policy Reminders

Label clothing and equipment

Please **label children's clothing** – especially **jumpers, coats and lunchboxes**. Items with names on get back to their owners much faster!

Start times and pick up times

Start times:

The playground gates **open at 8.30am**. All **pupils should be in class by 8.40pm**.

The **top gates** are **closed** promptly at **8.40am**.

Arrivals after this time should walk around to the school office via the vehicle entrance.

Pick up times:

- **3.20pm (Monday to Thursday)**
- **12.40 (Friday)**

Reception doors open 5 minutes before these times to allow parents to collect reception children before collecting other children.

We ask that parents collect children from Year 3, 4, 5 and 6 BEFORE collecting siblings from Year 1 and 2; this helps us clear the playground at the end of the day.

Nuts:

Children should not bring any items containing nuts into school.

Water Bottles:

Please ensure your child has a fresh water bottle each day. It is really important for their health and learning that they stay hydrated.

Healthy snack:

Please remember to send only healthy snacks for your child to enjoy during the school day. Thank you for supporting our commitment to healthy eating.

Birthday Treats:

We ask that **birthday treats** are **not bought into school**; this includes food items and gift bags.

Jewellery:

The **only jewellery** allowed in schools is **studded earrings** and watches (No devices with any recording function); All jewellery **MUST be removed for PE and swimming**; we suggest jewellery is left at home on PE and Swimming days.

School uniform and PE Kit:

Details of our school uniform and supplies is available on the school website: <https://www.colebourne.bham.sch.uk/school-uniform/>

Please remember that **PE kit** is **PLAIN BLACK shorts** or **jogging bottoms** and **COLOURED PE T-SHIRT** (House colour)